

Weekly Email Blast!

Events this Week and Beyond!

Thurs Aug 29

Noon La Casita lunch 7:30pm AA meeting

Fri Aug 30

7:00pm FLW 7:00pm FLW Basketball

Sat Aug 31

9:00am Manantial Birthday party in the gym

Sun Sept 1

9:30am Worship 10:45 Church Life 4:00pm FLW

Mon Sept 2

OFFICE CLOSED

5:30 LaCasita Basketball 7:00pm Thorsmen rehearsal

Tues Sept 3

8:30am Web Updates team meeting 9:00am Tuesday Crew Noon Faith in Action/La Casita meeting 7:00pm FLW

Wed Sept 4

9:00am Rosemallers 10:00am Stewardship Action Team meeting 11:00am Open Library at La Casita 11:00am Pastors Study group 7:00pm Capital Brass Quintet rehearsal 7:00pm Zumba with Gloria

Thurs Sept. 5

Noon Verse-by-Verse Bible study 7:30pm AA meeting 7:00pm Zumba with Gloria

Fri Sept 6

7:00pm FLW 7:00pm FLW Basketball

Sat Sept 7

10:00am Art Task Force set up 10:00am Neighborhood walk Noon Taylor Henry party

Sun Sept 8

9:30am Worship—God's Work, Our Hands 10:45 ChurchLife 12:30pm Confirmation Class with Pastor P. & Pastor Joe 4:00pm FLW

Mon Sept. 9

5:30 LaCasita Basketball 7:00pm Thorsmen rehearsal

Tues Sept 10

9:00am Tuesday Crew 10:00am Property Committee meeting 6:30pm Festival Chroale rehearsal 6:30pm Finance Committee meeting 7:00pm FLW

"Holy Cross and the ELCA - questions and answers!"

Meet this Sunday, Sept 1 and/or Sept 8 for at 11 am in the library.

This is designed for new or returning folks who want some conversation about Holy Cross, and the Lutheran faith. Just show up - no RSVP required.

Then, pick up a book, "Honoring our Neighbor's Faith" for the bible study which will begin later this fall. Blessings to all who like to learn! (There is a schedule posted on the library door).

Collaborative Worship Continues!

We will meet here at Holy Cross at 9:30am on Sunday, September 29th. We will worship with guests and friends from Christ the Good Shepherd and St Mark.

After worship we will meet in the Fellowship Hall for coffee time.
Please feel free to bring cookies, brownies, pastries, etc. since we will have extra guests.

Thank you all so much!

Sunday Servants 9-1-19 Worship Assistant:

Carolyn Ford
Lector:
Naomi Tweet
Communion Assistant:
Naomi Tweet

September Usher: Jack Ruscoe

Sunday Servants 9-8-19

Worship Assistant:
Kathy Mears
Lector:
Pat Bryant
Communion Assistant:
Pat Bryant

September Altar Care:

Karen Halvorson, Chris Goodman and Margo Jensen



Please wear your "God's Work, Our Hands" tee shirt, or any other Thrivent tee shirt you may have (such as "Live Generously") on Sunday, September 8th.

Verse by Verse is back on Thursday, Sept 6th!

We are a vital, engaging, fun bible study that meets in the library at Holy Cross from 12 to 1 - we chat the first 5 minutes so if you are coming from work on your lunch hour you can still make it! We pray the last 5 minutes, too!

This year we voted to study 1Corinthians! This is a difficult book of the bible, that promises to begin many conversations around the group. We start at verse 1 of chapter 1 and go until we finish the book! You'll never forget your time at Verse by Verse!

See you in the library Thursday Sept 6 at 12 noon! - Pastor P+

<u>Neighborhood Walk</u>



Please join us on Saturday, September 7th for a walk around the neighborhood. We will start at Holy Cross,

carrying handouts of our upcoming events to share with our neighbors.

Please wear your "God's Work, Our Hands" tee shirt or any other Thrivent tee shirt you may have. We will walk in pairs, and our message is a simple one:

Come and See!

Thanks, Doug Odell

Mindful Meditation Series

A member of St. Mark's congregation, Tonja Snyder, will be offering a noon time Mindful Meditative Movement at St. Mark on Wednesdays starting Oct. 2. Here are the details.

- Wednesdays for 8 weeks starting either
 October 2 and running through November
 20th (November 28th is Thanksgiving).
- Time is 12:05 pm 12:55 pm.
- This is a mid-week session to relax, restore, and reset for the week.
- The focus will be on:
- o setting a mindful meditative intention (examples being calmness, peacefulness, forgiveness, healing of mind, body and/or spirit)
- o meditative breathing with guided imagery or silent reflection, and
- o meditative movement (Tai chi and Chi gong movements)
- o Open to church community and local community. Would like to let those working in offices near St. Mark know about this offering.

Was not planning on charging anything, but have thought of having a donation basket for those who would want to leave something that would go for one of our outreach programs, i.e., Backpack Buddies, Family Promise, Simonka Place.